

# April 2016



Holiday Homes MHP

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# News & Notes

## New Residents

Kiku Blair moved into sp. 77 last month. She comes to us from Hinkley.

Welcome to our new neighbor! Let's get to know our new neighbor and invite her to all the activities around the park.

## Sad, Sad News

Cecilia Gramza, sp. 56 passed away March 4<sup>th</sup>. She moved into the park in 1990. Our sincerest condolences to Julie (her daughter), the rest of her family and all who knew her.

Richard Clemens, sp. 229 passed away last month. He moved into the park with his wife, Genette in 2004. Our deepest sympathies to Genette, their family and all who knew him.

## Pet Patrol



Earth Day is coming up and what a good time to remind everyone that there is no Poop Fairy to clean up after your pets. Please heed the cartoon you see below this.

The other picture just shows how some of us in the animal kingdom celebrate Earth Day. LOL - very cute!



Till Next Time



Peanut



## For Safety's Sake



### **Some Tips for Avoiding Fraudulent "Anti-Aging" Products**

If it sounds too good to be true, it probably is. Watch out for "Secret Formulas" or "Breakthroughs".

Don't be afraid to ask questions about the product. Find out exactly what it should do for you and what it should not do.

Research a product thoroughly before buying it. Call the Better Business Bureau to find out if other people have complained about the product.

Be wary of products that purport to cure a wide variety of illnesses (particularly serious ones) that don't appear to be related.

Testimonials and/or celebrity endorsements are often misleading.

Be very careful of products that are marketed as having no side effects.

Products that are advertised as making visits to a physician unnecessary should be questioned.

Always consult your doctor before taking any dietary or nutritional supplement.

### **Telemarketing Fraud**

If you're aged 60 or older, you may be a special target for people who sell bogus products and services by phone. Older women living alone are special targets of these scam artists. Telemarketing scams often involve offers of prizes, low-cost vitamins and health care products and travel offers.

There are warning signs to these scams, including promises of "free" or "low cost" vacations and get rich quick schemes. If you hear these - or similar - "lines" from a telephone salesperson, just say, "No, thank you," and hang up the phone.

"You must act 'now' or the offer won't be good"

"You've won a 'free' gift, vacation or prize." But you have to pay for "postage and handling," or other charges.

"You must send money, give a credit card or bank account number or have a check picked up by courier." You may hear this before you have had a chance to consider the offer carefully.

"You don't need to check out the company with anyone." The callers say you do not need to speak to anyone including your family, lawyer, accountant, local Better Business Bureau or consumer protection agency.

"You don't need any written information about their company or their references."

"You can't afford to miss this 'high-profit, no-risk' offer."

Remember, if you hear the lines above, or similar "lines" from a telephone salesperson, just say, "No, thank you," and hang up the phone.

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## From The Manager



The potluck this month is **Monday, April 11<sup>th</sup>** from **5:30-7:30 PM** in the **clubhouse**. Richard Riegel will be here to prepare the roast beef and provide the mashed potatoes and gravy. Please remember to bring your favorite side dish, your place

settings and your neighbors. If you need special seating or transportation to the clubhouse, please call us at 1-760-252-3511 before noon on that day so we may arrange it for you. We'll see you there!



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During the month of May on three Saturday's we will be having **CERT (Community Emergency Response Team) training**. This is not only for the **Emergency Team** but **anyone in the park** who wishes to learn **Emergency Preparedness**. If you wish to be certified, you have to be at all three classes. The classes are free and will be on the **7<sup>th</sup>, 14<sup>th</sup> and 28<sup>th</sup> of May** in the **clubhouse** from **8AM to 5PM**. We will provide coffee and cookies but lunch will be on your own. Class is limited to 25 persons, so please call the office and let us know if you will be attending.

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The first **Yard Sale** of the year is **Saturday, April 2<sup>nd</sup>** in the **clubhouse** from **8AM-12PM**. Those who signed up for a table may begin setting up Friday, April 1<sup>st</sup> at noon. We'll see the rest of you on Saturday. You never know what you might find!

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When using the **Pedestrian Gate**, **please make sure that you close it behind you!** We are finding the gate open at least once a day. Also, if you are using it late at night, **don't let it slam shut**. Your neighbors who live by the pedestrian gate don't like being woken up by the slamming.

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This month's **Mini Health Fair** (and I will be calling her the day before to confirm) will be **Thursday, April 14<sup>th</sup>** from **10-11 AM**. You can have your blood pressure taken and blood sugar tested. You never know what will be offered each month, so come down and check it out.

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**Lot Inspections** will begin around the 13<sup>th</sup> of April. I will be looking for weeds, trash, peeling paint, health hazards, etc.

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**An important message from the office:** Please make sure you make out your rent check to **Riegel Properties** and not Holiday Homes using **blue or black ink only**. Thank you!

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Rose Nieman has a **Tai Chi** class in the **clubhouse** every **Thursday** morning from **8-9 AM**. Everyone is invited to take part. Classes are free.

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We have an **exercise** class on **Mondays, Wednesdays and Fridays** from **3:30-4:30 PM** in the **clubhouse**. Deborah Pullen is the instructor. These are low impact exercise. The classes are free so come on down and be a part of it.

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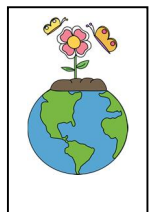
For any resident in the park who refers a new resident that buys a Riegel Property home and signs a 5-year lease, you will receive a one month rent credit valid any month you choose within a one year period.

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Please watch out for your neighbors. If you don't see them over a day or so and you know they haven't left on a vacation, give the office a call so we can follow up.

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The **Barstow Police Department** wanted us to know that they can put your name, phone number, space number, medical condition and up to 3 contacts of friends or relatives into their computer aided dispatch system so that, in case of emergency, they have someone to call for our Resident's with Special Needs. The information would be the resident's responsibility to update or change if you move. Call the office to get the form to fill out or drop off a note at the police department with a notation stating what your note is for.



Anyone with TV's, computers and/or monitors, microwaves, coolers, large furniture, etc. that you want to have dumped, please call the office and we will arrange to have them picked up and disposed of for you. **Do not put these types of items in any of the dumpsters.**



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ATTENTION: Seniors with Diabetes and/or Arthritis, you may be eligible for FREE SSHOES and/or ARTHRITIS PRODUCTS through a Medicare Program "At No Cost to You". For more information, please call Dianne Millard at 1-951-990-0017. SORRY NO HMO INSURANCES.

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Office hours for Holiday Homes MHP are as follows:

Monday through Friday 8:30-11:30  
Billing Period (1<sup>st</sup> through 5<sup>th</sup>) 8:30-11:30  
1:00-4:30

Closed Saturday, Sunday and Holiday except by appointment.

After 4:30 PM and on weekends and holidays the answering service will pick up the phones. Please give the answering service sufficient time to get in touch with a duty manager and for the duty manager to get to you before calling back. Also, unless it is a dire emergency, please do not knock on the manager's door or call them at home. Use the answering service.

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# 15

The speed limit in the park is **15** miles per hour. Please stop at all stop signs and corners that don't have stop signs. You don't want to run into one of your neighbors or their pets with your car!

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### Attention Seniors (age 60+)

Did you know? You could have a nutritious meal for a donation of only \$3.00? All meals include a main dish, vegetable, drink and dessert.

Where?

At the Barstow Senior Citizen's Center located at 555 Melissa Ave. Our lunch service time is from 11:30AM until 12:30PM. Our phone number is 1-760-256-5023.

This meal is provided through a grant from the Department of Aging and Adult Services of San Bernardino County. All donations are to help offset the cost of staff, utilities and the care of the equipment. Without your donation, the program would stop. You can bring a friend but if they are under 60 years of age: their donation will cost \$5.00. (This is still a great meal deal!)

We also provide meals to homebound seniors!

For more information, call 1-760-256-9111.

Thank you,  
Jeff Eason

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We are doing our best to keep the park safe but we need your help, if you see someone acting suspiciously or anything suspicious, PLEASE call the Barstow Police Dept. at 1-760-256-2211. You can request that the responding officer not show up at your door. If the officer needs to talk to you, they can call you on the phone. With all of us





The cameras in the park are monitored daily. We do see vehicles that go through stop signs without stopping and vehicles speeding on the streets not only by the cameras but also by direct observation. Be aware of the speed limit - 15 mph. It might not be such a bad idea to stop at all corners (even the ones that don't have stop signs) so there won't be any type of accident.

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## From Park Rules and Regulations, revised 6/1/06

### XIV. VEHICLES:

- A. Designated Locations: Driveway space is limited to automobiles and smaller motor vehicles which are to be parked in a designated location. Travel trailers, boats, motor homes, large trucks (greater than one ton) are not to be stored on the mobile home lot. Only parallel parking is permitted on the streets. Only vehicles that are currently registered to the resident or when the resident has obtained written permission from management may be parked in the driveway or parking area. All vehicles parked on the space must be in operating condition and drivable. If a vehicle is not drivable, i.e. is on jacks, has flat tires, dead batteries, etc., then Management may require the Resident to remove the vehicle from the home site. All other vehicles must be removed from the home site and/or moved to the R.V. parking lot (subject to normal parking fees and availability of spaces), unless they are used by temporary visitors or registered guests of the resident.
- B. Limitations: Parking of travel trailers, boats, recreation vehicles, trucks or any other wheeled conveyance must be designated and approved by Management. Recreational vehicles, trucks and trailers may be parked at the owner's space for loading and unloading only, not to exceed 48 hours at any one time. Management reserves the right to limit the number of guest vehicles, to prevent overcrowding. No automobiles may be stored on the mobile home space. Storage shall include but not be limited to the parking of an operative vehicle for a period exceeding four (4) weeks, or the parking of more than one vehicle for the purpose of selling such vehicles, or as part of a commercial activity. However, residents may park their vehicle in the parking space on their mobile home space when on vacation. If the homeowner has more than 2 cars, they must be parked in the driveway or directly in front of their home and not encroach on a neighbor's parking area. Management may charge as additional rent any towing charges and storage charges to enforce these parking rules.



## Recipes and Other Stuff

If you have a favorite recipe that you would like to share, please bring it to the office for copying and it will be printed in the newsletter.

### Shrimp & Pea Salad

Place 1 lb. frozen cooked cleaned large shrimp and 2 cups frozen peas in colander; rinse under cool water until thawed. Drain well. Place in large bowl.

Add  $\frac{1}{2}$  cup thinly sliced red onion and  $\frac{1}{4}$  cup Ranch dressing; mix lightly.

Arrange 6 cups Boston lettuce leaves on 4 plates; top with shrimp mixture.

Serves 4

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#104 Water only when necessary. More plants die from over-watering than from under-watering.

#105 Signs of overwatering: Leaves turn lighter shades of green or yellow, young shoots wilt, and sometimes algae or fungi grow.

#106 Adjust your watering schedule each month to match seasonal weather conditions and landscape requirements.

#107 Install a rain sensor on your irrigation controller so your system won't run when it's raining.

#108 Water dry spot by hand instead of running the whole irrigation system longer.

#109 Don't water your lawn on windy days when most of the water blows away or evaporates.

#110 Use drip irrigation for shrubs and trees to apply water directly to the roots, where it's needed.

#111 Water your plants deeply but less frequently to encourage deep root growth and drought tolerance.

#112 Use sprinklers that deliver big drops of water close to the ground. Smaller drops and mist often evaporate before hitting the ground.

#113 Use a rain barrel to harvest rainwater from gutters for watering gardens and landscapes.

#114 For hanging baskets, planters and pots, put ice cubes on top of the soil to give your plants a cool drink of water without overflow.

#115 Remember to periodically check your sprinkler system valves for leaks, and to keep sprinkler heads in good shape.

#116 Spring is a great time to give your irrigation system a checkup to ensure it's working efficiently.

#117 Pruning properly can help your plants use water more efficiently.

### POOL

#118 Use a pool cover to help keep your pool clean, reduce chemical use and prevent water loss through evaporation.

#119 Make sure your swimming pools, fountains and ponds are equipped with recirculating pumps.

#120 If you have an automatic refilling device, check your pool periodically for leaks.

#121 When back-washing your pool, consider using the water on salt-tolerant plants in the landscape.

#122 Minimize or eliminate the use of waterfalls and sprays in your pool. Aeration increases evaporation.

#123 Don't overfill the pool. Lower water levels will reduce water loss due to splashing.

#124 Keep water in the pool when playing, it will save water.

#125 Instead of building a private pool, join a community pool.

#126 Trickling or cascading fountains lose less water to evaporation than those that spray water into the air.

#127 Use a grease pencil to conduct a bucket test to check for pool leaks. An unnatural water level drop may indicate a leak.

# April 2016

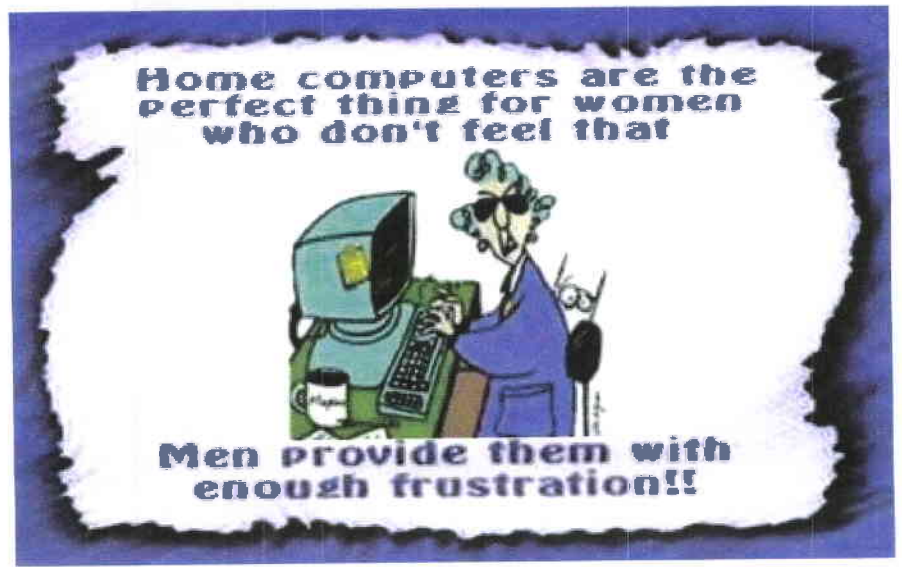
Sun      Mon      Tue      Wed      Thu      Fri      Sat

					1 Yard Sale Set up 12-6	2 Yard Sale 8-12
3	4 Exercise 3:30-4:30	5	6 Exercise 3:30-4:30	7 Tai Chi 8-9 Income Tax Assist 9-11 TOPS 5:30-7:30	8 Exercise 3:30-4:30	9 Private Party #27 3-7
10	11 Potluck 5:30-7:30	12	13 Exercise 3:30-4:30	14 Tai Chi 8-9 Mini Health Fair 10-11 Income Tax Assist 9-11 TOPS 5:30-7:30	15 Exercise 3:30-4:30	16 Clubhouse Floor Maintenance
17	18 Exercise 3:30-4:30	19	20 Exercise 3:30-4:30	21 Tai Chi 8-9 TOPS 5:30-7:30	22 Passover Begins Earth Day Exercise 3:30-4:30	23 Passover
24	25 Exercise 3:30-4:30	26	27 Exercise 3:30-4:30	28 Tai Chi 8-9 TOPS 5:30-7:30	29 Exercise 3:30-4:30	30 Private Party #15 12-6





**"There are better ways to log off."**

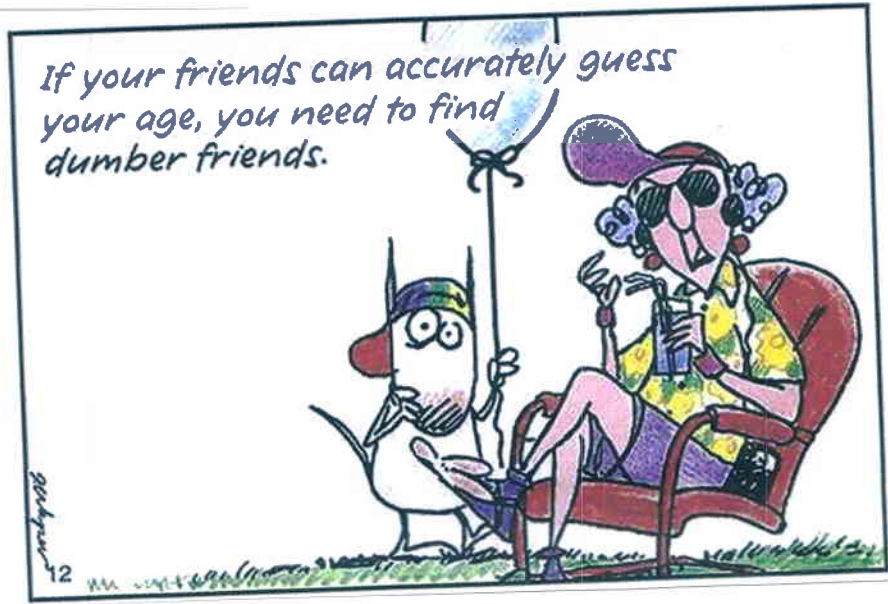


**Home computers are the perfect thing for women who don't feel that**

**Men provide them with enough frustration!!**



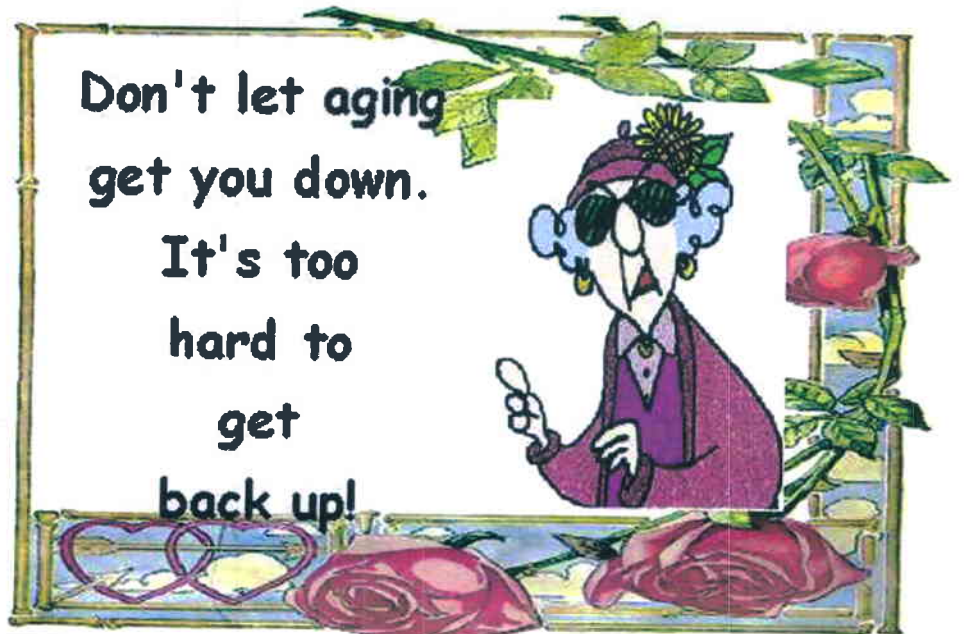
*I keep hitting "escape," but i'm still here.*



*If your friends can accurately guess your age, you need to find dumber friends.*



*Some people can have all the lights on and still be in the dark.*



**Don't let aging get you down.**

**It's too hard to get back up!**