

August 2018



Holiday Homes MHP
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News & Notes



Sad, Sad News

Gilbert Rivera, sp. 2, passed away July 17th. He moved in November 2008. Our deepest sympathies to his family, friends and all who knew him.

Pet Patrol

If your human caregiver takes you for a car ride, whether to just run errands or on an extended trip, remind them not to leave you in the car for any length of time while they run into a store, restaurant or anywhere. Make sure they take you out of the car with them. The inside of a car can get hot very quickly.

Also remind them to make sure you get enough water and not to leave you in the yard very long during the day when it is so hot.

The Humane Society has been through our park checking for licenses and will be coming through again sometime in the near future. They will be periodically checking throughout the year.

Please enjoy this cute picture -

off the mark by Mark Parisi
www.offthemark.com





For Safety's Sake

Hiring Help in The Home

Access your needs. Do you simply need help with such daily activities as bathing and preparing meals, or do you need medical or skilled nursing care as well? How much can you afford to pay? Ask a lot of questions. Does the agency screen and train caregivers? Do caregivers undergo a criminal background check? (A certified home health aide, for example, must pass such scrutiny and cannot have certain convictions.) Does the agency handle taxes and insurance? Are the agency and worker bonded? Will Medicare, Medi-Cal or your private insurance cover any costs?

Find out your responsibilities. Under the 2014 Domestic Worker Bill of Rights, employees are entitled to overtime wages (one and one-half times the worker's regular rate of pay) after nine hours in any workday or more than 45 hours in a work week. What taxes will you have to pay if you hire the worker on your own? See the Employment Development Department publication Household Employer's Guide. For a copy, call 1-888-745-3886 or go to www.edd.ca.gov (Search-Household Employers DE9928).

Seek referrals from a trustworthy source. Avoid using a "help wanted" ad to hire a caregiver. You do not know the background - or motives - of those who respond. Be wary of individual caregiver ads seeking employment. For lists of home care agencies and home health care agencies, contact your local Area Agency on Aging.

Consider taking some additional precautions if you do hire someone. It might be wise, for example, to move your valuables to another location for safekeeping - or at least lock them up. Seniors have lost many precious belongings to dishonest caregivers.

From the Manager

Thank you to the Riegel Family for the wonderful Barbecue on the 4th of July. A big thank you to Bob Fogle for singing for us. We always enjoy listening to him

The next potluck will be in October.

Have a great summer!

If anyone would like to **restart the Neighborhood Watch program** in the park, please contact the office at 1-760-252-3511. We are looking for someone to head the committee, keep in touch with the police liaison, etc.

Message from John and Bob Riegel: We are going to be using a drone to film for advertising homes for sale. Your privacy and safety are most important to us. We may need to close a portion of a street when filming. All drone flights and filming will be conducted in accordance with applicable laws and regulations by the FAA. If you are driving or walking in the Park and see Bob or John operating a drone and/or filming, please stay at a safe distance until we let you know it's safe to continue on your way.

Thank you in advance for your cooperation and understanding.



Exercise is every Tuesday, Wednesday and Thursday from 3:30-4:30 PM in the clubhouse. Mary Lee is the instructor. These are low impact exercises to help you keep limber. The class is free.



We have pool exercises every Monday, Wednesday and Friday from 4:30 - 5:30 PM. Mary Lee will also be the instructor for these exercises. Again, they are low impact and a nice way to cool off on a hot summer day. These exercises are open only to park residents and their guests. If you do not wish to participate and are at the pool when it is exercise time, please leave the pool area for that hour and then come back when they are done.

The Health Clinic will be on Aug. 9th from 10-11AM in the clubhouse. You can have your blood pressure and your pulse taken. You never know what will be offered each month, so come down and check it out.

An important message from the office: Please make sure you make out your rent check to Riegel Properties and not Holiday Homes using blue or black ink only. Thank you!

Donna Berry has a Tai Chi class in the clubhouse every Tuesday and Thursday morning from 8-9 AM. Everyone is invited to take part. Classes are free.

For any resident in the park who refers a new resident that buys a Riegel Property home and signs a 5-year lease, you will receive a one month rent credit valid any month you choose within a one-year period.

Please watch out for your neighbors. If you don't see them over a day or so and you know they haven't left on a vacation, give the office a call so we can follow up.

DO NOT put paint or oil collections behind the shop. Also, **DO NOT** put TIRES there. Burrtec will not pick up those items. You can dispose of paint or used oil at the Hazardous Waste Corporation Yard at 900 So. Ave. H on Saturdays from 9AM-2PM. You can also ask them what to do with tires.

The Barstow Police Department wanted us to know that they can put your name, phone number, space number, medical condition and up to 3 contacts of friends or relatives into their computer aided dispatch system so that, in case of emergency, they have someone to call for our Resident's with Special Needs. The information would be the resident's responsibility to update of change if you move. Call the office to get the form to fill out or drop off a note at the police department with a notation stating what your note is for.

Anyone with TV's, computers and/or monitors, microwaves, coolers, large furniture, etc. that you want to have dumped, please call the office and we will arrange to have them picked up and disposed of for you. Do not put these types of items in any of the dumpsters.

ATTENTION: Seniors with Diabetes and/or Arthritis, you may be eligible for FREE SHOES and/or ARTHRITIS PRODUCTS through a Medicare Program "At No Cost to You". For more information, please call Dianne Millard at 1-951-990-0017. SORRY NO HMO INSURANCES.





Office hours for Holiday Homes MHP are as follows:

Monday through Friday 8:30-11:30
Billing Period (1st through 5th) 8:30-11:30
1:00-4:30

Closed Saturday, Sunday and Holiday except by appointment.

After 4:30 PM and on weekends and holidays the answering service will pick up the phones. Please give the answering service sufficient time to get in touch with a duty manager and for the duty manager to get to you before calling back. Also, unless it is a dire emergency, please do not knock on the manager's door or call them at home. Use the answering service.

15

The speed limit in the park is **15** miles per hour. Those of you that are speeding on the East side of Date St. - **STOP IT!** Please stop at all stop signs and corners that don't have stop signs. You don't want to run into one of your neighbors or their pets with your car!

Please make sure you close the dumpster lids when you throw your trash away! You will be helping to keep the feral cats from looking for food, keeping bugs away and making the area look more presentable.

Attention Seniors (age 60+)

Did you know? You could have a nutritious meal for a donation of only \$3.00? All meals include a main dish, vegetable, drink and dessert.

Where?

At the Barstow Senior Citizen's Center located at 555 Melissa Ave. Our lunch service time is from 11:30AM until 12:30PM. Our phone number is 1-760-256-5023.

This meal is provided through a grant from the Department of Aging and Adult Services of San Bernardino County. All donations are to help offset the cost of staff, utilities and the care of the equipment. Without your donation, the program would stop. You can bring a friend but if they are under 60 years of age: their donation will cost \$5.00. (This is still a great meal deal!)

We also provide meals to homebound seniors!

For more information, call 1-760-256-9111.

Thank you,
Jeff Eason

We are doing our best to keep the park safe but we need your help, if you see someone acting suspiciously or anything suspicious, PLEASE call the Barstow Police Dept. at 1-760-256-2211. You can request that the responding officer not show up at your door. If the officer needs to talk to you, they can call you on the phone. With all of us working together, we can help minimize these types of problems.



One of the locks to the RV storage was cut. We did not have any more so we have had to buy all new locks for both gates. When we install the new locks, we will contact all persons who have a space in the locked storage to get a new key. We apologize for the inconvenience this is going to cause but we had no other option.



The cameras in the park are monitored daily. We do see vehicles that go through stop signs without stopping and vehicles speeding on the streets not only by the cameras but also by direct observation. Be aware of the speed limit - 15 mph. It might not be such a bad idea to stop at all corners (even the ones that don't have stop signs) so there won't be any type of accident.

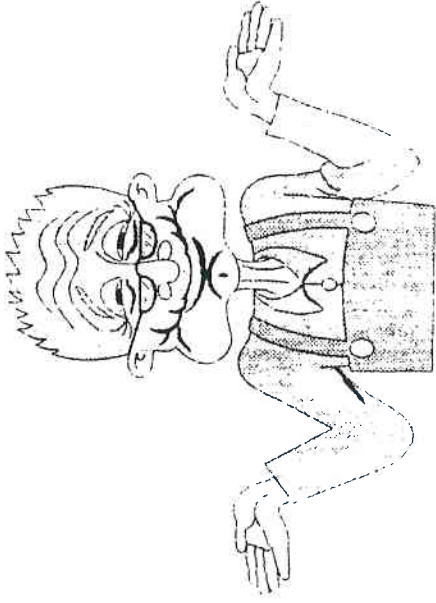
From Park Rules and Regulations, revised 6/1/06

- I. INTRODUCTION: The Management of Holiday Homes Mobile Home Park has established the following rules and regulations which apply to all residents and guests.
- II. REGISTRATION AND AGE REQUIREMENTS: This is a community for older persons. Children are allowed in the Park as guests only. An adult is considered to be 18 years of age or older. All leases and rental agreements must be signed by a resident who is 55 years of age or older in accordance with Federal Fair Housing Law HR 1158. All other persons residing in the park must be at least 40 years of age. Written verification of age is required of all tenants occupying the mobile home. All persons living in the Park must be registered with Management. Residents shall supply Park Management a copy of Resident's HCD ownership registration annually.
- III. SUBLEASING: Subleasing or renting of a mobile home is not permitted.
- IV. GUESTS:
 - a. Observation of all Rules: Residents are responsible for helping to insure their guests conduct complies with all park rules. Guests must agree to observe all park rules. A guest's violation of the Rules or Lease shall be grounds for termination of the Homeowner's residency in the Park.
 - b. Use of Pool: All persons (residents and guests) must sign in before using the pool. Children using the pool should be accompanied by an adult.
 - c. House-sitting: Residents who wish to have other persons reside in their homes during the owner's absence must obtain written permission from Management.
 - d. Guests shall be registered with Management if they stay more than 20 consecutive days or stay more than a total of 30 calendar days in one year.
- V. Occupancy: The number of persons allowed to reside in each mobile home shall be no more than two (2) persons per bedroom plus one (1) additional person. A bedroom is defined as a living space for sleeping and has a closet.
 - a. QUIET HOURS: It will be quiet after 10:00 p.m. to 8:00 a.m. the next morning. Violation of quiet hours by a mobile home, guests or residents may result in termination of occupancy.



IMPORTANT NEWS RELEASE!

SENIOR CITIZENS ARE
THE NATIONS LEADING
CARRIERS OF AIDS!!!



HEARING AIDS, BAND AIDS, ROLL AIDS, WALKING AIDS
, MEDICAL AIDS, GOVERNMENT AIDS, AND MOST OF ALL
MONETARY AIDS TO THEIR CHILDREN.

I CAN NOT SEE, I CAN NOT PEE I CAN NOT CHEW, I CAN NOT SCREW,

MY MEMORY SHRINKS, MY HEARING STINKS,
NO SENSE OF SMELL, I LOOK LIKE HELL,
MY BODYS DROOPING, GOT TROUBLE POOPING!

SO THE GOLDEN YEAR'S HAVE COME AT LAST???

WELL THE GOLDEN YEARS CAN KISS MY ASS!

Recipes and Other Stuff

If you have a favorite recipe that you would like to share, please bring it to the office for copying and it will be printed in the newsletter.

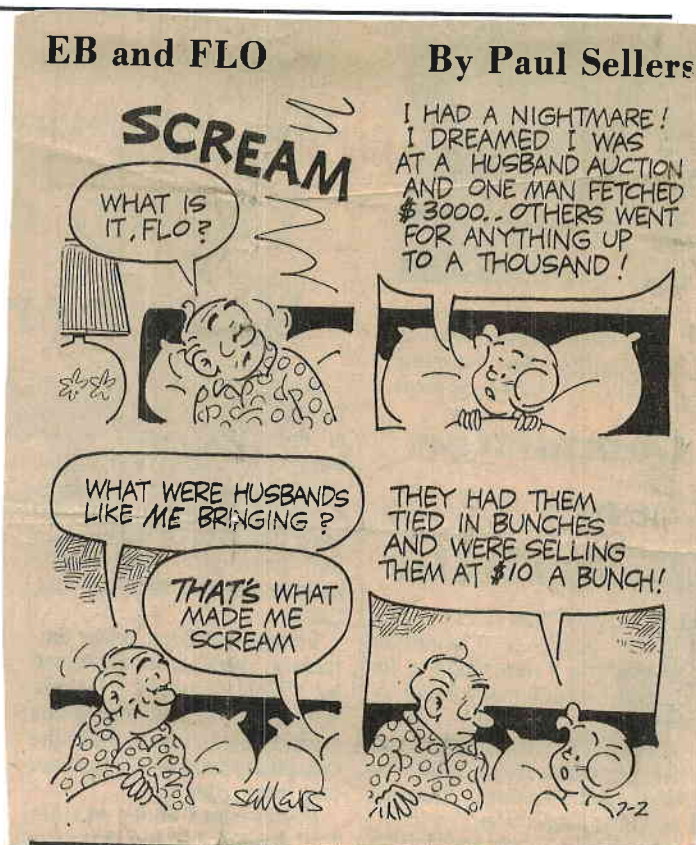
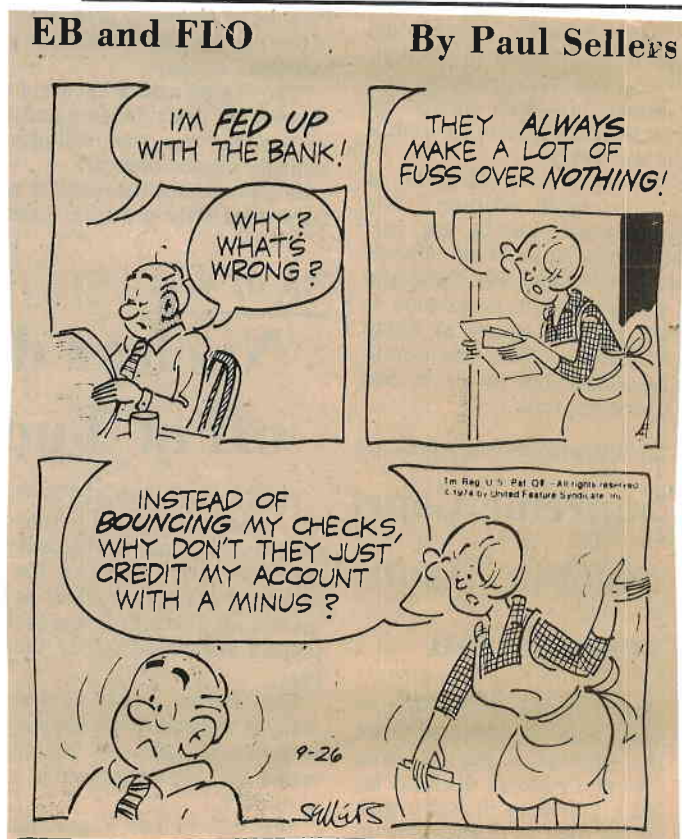
Red Pepper & Corn Salsa

Heat greased grill to medium heat. Remove husks and silk from 2 small ears corn on the cob. Grill with 2 small red peppers 7 to 8 min. or until charred on all sides, turning occasionally. Place peppers in bowl; cover with plastic wrap. Let stand 20 min.

Remove and discard skins and seeds from peppers.

Finely chop peppers and cut corn from cobs; place in medium bowl. Add 2 Tbsp. Lime Vinaigrette Dressing and 1 Tbsp. chopped fresh cilantro; mix lightly.

16 servings



While working for an organization that delivers lunches to elderly Shut-ins, I used to take my 4 year old daughter on my afternoon rounds. She was unfailingly intrigued by the various appliances of old age, particularly the canes, walkers, and wheelchairs. One day I found her staring at a pair of false teeth soaking in a glass. As I braced myself for the inevitable barrage of questions, she merely turned and whispered, "The tooth fairy will never believe this!"

August 2018

Sun Mon Tue Wed Thu Fri Sat

			1 Exercise 3:30-4:30 Pool Exercise 4:30-5:30	2 Tai Chi 8-9 Exercise 3:30-4:30 TOPS 5:30-7:30	3 Pool Exercise 4:30-5:30 Card Club 6-9	4
5	6 Pool Exercise 4:30-5:30	7 Tai Chi 8-9 Exercise 3:30-4:30 Card Club 6-9	8 Exercise 3:30-4:30 Pool Exercise 4:30-5:30	9 Tai Chi 8-9 Health Clinic 10-11 Exercise 3:30-4:30 TOPS 5:30-7:30	10 Pool Exercise 4:30-5:30 Card Club 6-9	11 Private Party #91 10-7
12	13 Pool Exercise 4:30-5:30	14 Tai Chi 8-9 Exercise 3:30-4:30 Card Club 6-9	15 Exercise 3:30-4:30 Pool Exercise 4:30-5:30	16 Tai Chi 8-9 Exercise 3:30-4:30 TOPS 5:30-7:30	17 Pool Exercise 4:30-5:30 Card Club 6-9	18 Clubhouse Floor Maintenance Private Party #116 1-4
19 Private Party #123 12-4	20 Pool Exercise 4:30-5:30	21 Tai Chi 8-9 Exercise 3:30-4:30 Card Club 6-9	22 Exercise 3:30-4:30 Pool Exercise 4:30-5:30 Private Party #133 7-8	23 Tai Chi 8-9 Exercise 3:30-4:30 TOPS 5:30-7:30	24 Pool Exercise 4:30-5:30 Card Club 6-9	25
26	27 Pool Exercise 4:30-5:30	28 Tai Chi 8-9 Exercise 3:30-4:30 Card Club 6-9	29 Exercise 3:30-4:30 Pool Exercise 4:30-5:30	30 Tai Chi 8-9 Exercise 3:30-4:30 TOPS 5:30-7:30	31 Pool Exercise 4:30-5:30 Card Club 6-9	