



Where?

At the Barstow Senior Citizen's Center, located at 555 Melissa Ave. Our lunch service time is from 11:30 am until 12:30 pm. Our phone number is 1-760-256-5023.

This meal is provided through a grant from the Department of Aging and Adult Services of San Bernardino County. All donations are to help offset the cost of staff, utilities and the care of equipment. Without your donation, the program would stop. You can bring a friend but if they are under 60 years of age: their donation will cost \$5.00. (This is still a great meal deal!) We also provide meals to homebound seniors!

For more information, call 1-760-256-9111.

Thank you,
Jeff Eason

We are doing our best to keep the park safe but we need your help. If you see someone acting suspiciously or anything suspicious, **PLEASE call the Barstow Police Dept. at 1-760-256-2211.** You can request that the responding officer not show up at your door. If the officer needs to talk to you, they can call you on the phone. With all of us working together, we can help minimize these types of problems.

FYI - The cameras in the park are monitored daily. We do see vehicles that go through stop signs without stopping and vehicles speeding on the streets not only by the cameras but direct observation. Be aware of the speed limit - 15 mph and all stop signs. It might not be such a bad idea to stop even at the corners that do not have stop signs so there won't be any type of accident.

From Park Rules & Regulations, revised 6/1/06

XIV. VEHICLES

- A. Designated Locations: Driveway space is limited to automobiles and smaller motor vehicles which are to be parked in a designated location. Travel trailers, boats, motor homes, large trucks (greater than one ton) are not to be stored on the mobile home lot. Only parallel parking is permitted on the streets. Only vehicles that are currently registered to the resident or when the resident has obtained written permission from management may be parked in the driveway or parking area. All vehicles parked on the space must be in operating condition and drivable. If a vehicle is not drivable, i.e. is on jacks, has flat tires, dead batteries, etc., then Management may require the Resident to remove the vehicle from the home site. All other vehicles must be removed from the home site and/or moved to the R.V. parking lot (subject to normal parking fees and availability of spaces), unless they are used by temporary visitors or registered guests of the resident.

A HAPPY NEW YEAR

B. Limitations: Parking of travel trailers, boats, recreation vehicles, trucks and any other wheeled conveyance must be designated and approved by Management. Recreational vehicles, trucks and trailers may be parked at the owner's space for loading and unloading only, not to exceed 48 hours at any one time. Management reserves the right to limit the number of guest vehicles, to prevent overcrowding. No automobiles may be stored on the mobile home space. Storage shall include but not be limited to the parking of an operative vehicle for a period exceeding four (4) weeks, or the parking of more than one vehicle for the purpose of selling such vehicles, or as part of a commercial activity. However, residents may park their vehicle in the parking space on their mobile home space when on vacation. If the homeowner has more than 2 cars, they must be parked in the driveway or directly in front of their home and not encroach on a neighbor's parking area. Management may charge as additional rent any towing charges and storage charges to enforce these parking rules.

Recipes and Other Stuff

If you have a favorite recipe that you would like to share, please bring it to the office for copying and it will be printed in the newsletter.

Cinnamon Roll Waffles

2 eggs	2 cups flour
$\frac{3}{4}$ cup butter, melted, divided	1 $\frac{3}{4}$ cups milk
$\frac{1}{4}$ cup granulated sugar, divided	1 Tbsp. baking powder
$\frac{1}{2}$ tsp. salt	$\frac{3}{4}$ cup (3/4 of 8-oz. tub) cream cheese
$\frac{1}{4}$ cup packed brown sugar	
1 Tbsp. ground cinnamon	

Spray electric waffle iron with cooking spray. Heat iron to medium heat. Whisk eggs in medium bowl. Add flour, $\frac{1}{2}$ cup butter, milk, 1 Tbsp. granulated sugar, baking powder and salt; beat until blended. Add batter to waffle iron, using about 1/3 cup batter for each waffle; cook 3 min. or until desired doneness.

Mix cream cheese spread and remaining granulated sugar until blended. Mix brown sugar, cinnamon and remaining butter in separate bowl.

Serve waffles topped with cream cheese and brown sugar mixtures.

10 servings

Two elderly ladies had played bridge together for many years and naturally had come to know each other pretty well. One day, during a game of cards, one lady suddenly looked up at the other and said, "I realize we've known each other for many years but for the life of me, I just can't bring it to mind. Would you please tell me your name again, dear?"

For a few minutes there was silence before the other lady responded, "How soon do you need to know?"

A man and his wife were arguing and decided to give each other the silent treatment. The next week, the man realized he needed his wife to wake him at 5 a.m. for a business flight to Chicago. Not wanting to be the first to speak, he wrote on a piece of paper, "Please wake me at 5 a.m."

The next morning the man woke up to discover that it was 9 a.m. and that he had missed his flight. Furious, he was about to go and see why his wife hadn't woken him, when he noticed a piece of paper by the bed. It said, "It's 5 a.m. Wake up."

As the bus stopped and it was her turn to get on, a woman became aware that her skirt was too tight to allow her leg to come up to the height of the first step of the bus. Slightly embarrassed and with a quick smile to the bus driver, she reached behind her to unzip her skirt a little, thinking that this would give her enough slack to raise her leg. She tried to take a step, only to discover that she couldn't.

So, a little more embarrassed, she once again reached behind her to unzip her skirt a little more and for the second time attempted the step. Once again, much to her chagrin, she could not raise her leg.

With a little smile to the driver, she again reached behind to unzip a little more and again was unable to take the step.

About this time, a large cowboy who was standing behind her picked her up easily by the waist and placed her gently on the step of the bus. She went ballistic and turned to the would-be Samaritan and yelled, "How dare you touch my body! I don't even know who you are!"

The cowboy smiled and drawled, "Well, ma'am, normally I would agree with you, but after you unzipped my fly three times, I kinda figured we was friends."

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