

May 2016



Holiday Homes MHP

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News & Notes

New Residents

Jose and Theresa Avalos moved into sp. 247. They have moved here from Victorville to be closer to Theresa's mother who lives in the park.

Jessie Zamora and Jennie Mesa are moving into sp. 260. They have moved here from town.

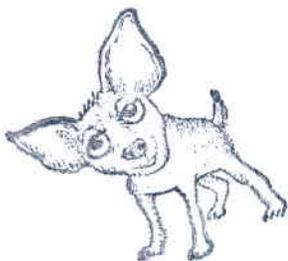
Welcome to our new neighbors! Let's get to know our new neighbors and invite them to all the activities around the park.

Sad, Sad News

Mary Ann Stewart, sp. 183 passed away April 6th. She moved into the park with her husband, Jerry in 2005. Our sincerest condolences to Jerry, the rest of her family and all who knew her.

Pet Patrol

The weather is starting to get warmer so it's time for you to start reminding your human caregivers to make sure the ground outside is not too hot for you to walk on. Have them lay their hand on the ground for at least 5 seconds. If it's too hot for them - it's too hot for you! The Bark Park is the perfect place to play early in the day and after the sun goes down at night.



A Dog's Purpose

Stretch before rising.

Run, romp and play daily.

Thrive on attention and let people touch you.

Avoid biting when a simple growl will do.

On warm days, stop to lie on your back on the grass.

On hot days, drink lots of water and lie under a shady tree.

When you're happy, dance around and wag your entire body.

Delight in the simple joy of a long walk.

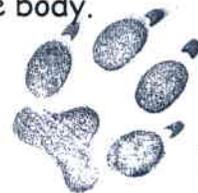
Be loyal.

Never pretend to be something you're not.

If what you want lies buried, dig until you find it.

When someone is having a bad day, be silent, sit close by and nuzzle them gently.

Enjoy every moment of every day!



For Safety's Sake



Some Tips for Avoiding Telemarketing Fraud

It's very difficult to get your money back if you've been cheated over the phone.

Before you buy anything by telephone, remember:

Don't buy from an unfamiliar company. Legitimate businesses understand that you want more information about their company and are happy to comply.

Always ask for and wait until you receive written material about any offer or charity. If you get brochures about costly investments, ask someone whose financial advice you trust to review them. But unfortunately, beware - not everything written down is true.

Always check out unfamiliar companies with your local consumer protection agency, Better Business Bureau, state Attorney General, the National Fraud Information Center or other watchdog groups. Unfortunately, not all bad businesses can be identified through these organizations.

Obtain a salesperson's name, business identity, telephone number, street address, mailing address and business license number before you transact business. Some con-artists give out false names, telephone numbers, addresses and business license numbers. Verify the accuracy of these items.

Before you give money to a charity or make an investment, find out what percentage of the money is paid in commissions and what percentage actually goes to the charity of investment.

Before you send money, ask yourself a simple question, "What guarantee do I really have that this solicitor will use my money in the manner we agreed upon?"

You must not be asked to pay in advance for services. Pay services only after they are delivered.

Some con-artists will send a message to your home to pick up money, claiming it is part of their service to you. In reality, they are taking your money without leaving any trace of who they are or where they can be reached.

Always take your time making a decision. Legitimate companies won't pressure you to make a snap decision.

Don't pay for a "free prize". If a caller tells you the payment is for taxes, he or she is violating federal law.

Before you receive your next sales pitch, decide what your limits are - the kinds of financial information you will and won't give out on the telephone.

It's never rude to wait and think about an offer. Be sure to talk over big investments offered by telephone salespeople with a trusted friend, family member or financial advisor.

Never respond to an offer you don't understand thoroughly.

Never send money or give out personal information such as credit card numbers and expiration dates, bank account numbers, dates of birth or social security numbers to unfamiliar companies or unknown persons.

Your personal information is often brokered to telemarketers through third parties.





If you have been victimized once, be wary of persons who call offering to help you recover your losses for a fee paid in advance.

From The Manager

The potluck this month is **Monday, May 9th** from **5:30-7:30 PM** in the clubhouse. We will be decorated for luau. John Riegel will be here to prepare the roast beef and provide the mashed potatoes and gravy. Kathy will be our bartender serving virgin and non-virgin Pina Coladas and Mai Tais for her last potluck as Assistant Manager. Please remember to bring your favorite side dish, your place settings and your neighbors. If you need special seating or transportation to the clubhouse, please call us at 1-760-252-3511 before noon on that day so we may arrange it for you. We'll see you there!

During the month of May on three Saturday's we will be having **CERT (Community Emergency Response Team)** training. This is not only for the **Emergency Team** but anyone in the park who wishes to learn **Emergency Preparedness**. If you wish to be certified, you have to be at all three classes. The classes are free and will be on the **7th, 14th and 28th** of **May** in the clubhouse from **8AM to 5PM**. We will provide coffee and cookies but lunch will be on your own. Class is limited to 25 persons, so please call the office and let us know if you will be attending.

The **Emergency Team Meeting** will be **Monday, May 9th** from **1-2 PM** in the clubhouse. Everyone is invited to volunteer for the team who helps us get information out to the rest of the park in an emergency.

When using the **Pedestrian Gate**, please make sure that you close it behind you! We are finding the gate open at least once a day. Also, if you are using it late at night, don't let it slam shut. Your neighbors who live by the pedestrian gate don't like being woken up by the slamming.

This month's **Mini Health Fair** (and I will be calling her the day before to confirm) will be **Thursday, May 12th** from **10-11 AM**. You can have your blood pressure taken and blood sugar tested. You never know what will be offered each month, so come down and check it out.

Neighborhood Watch will be having a meeting in the clubhouse on **Wednesday, May 11th** from **1-2 PM**. If you would like to join or want more information on Neighborhood Watch, please attend.

An important message from the office: Please make sure you make out your rent check to **Riegel Properties** and not **Holiday Homes** using **blue or black ink only**. Thank you!

Rose Nieman has a **Tai Chi** class in the clubhouse every **Thursday** morning from **8-9 AM**. Everyone is invited to take part. Classes are free.

We have an **exercise** class on **Mondays, Wednesdays and Fridays** from **3:30-4:30 PM** in the clubhouse. **Deborah Pullen** is the instructor. These are low impact exercise. The classes are free so come on down and be a part of it.

For any resident in the park who refers a new resident that buys a Riegel Property home and signs a 5-year lease, you will receive a one month rent credit valid any month you choose within a one year period.



The office will be closed Monday, May 30th for the Memorial Day Holiday! The Answering Service will be taking over the phones for us and calling us when we are needed. Have a safe holiday!



Please watch out for your neighbors. If you don't see them over a day or so and you know they haven't left on a vacation, give the office a call so we can follow up.

The pool and spa will be opening Friday, May 27th. Hours are posted down by the pool. Please take a look at the rules for the pool/spa area that are in the back of this newsletter. Also pay attention to all posted rules in the pool/spa area.

The Barstow Police Department wanted us to know that they can put your name, phone number, space number, medical condition and up to 3 contacts of friends or relatives into their computer aided dispatch system so that, in case of emergency, they have someone to call for our Resident's with Special Needs. The information would be the resident's responsibility to update of change if you move. Call the office to get the form to fill out or drop off a note at the police department with a notation stating what your note is for.

Anyone with TV's, computers and/or monitors, microwaves, coolers, large furniture, etc. that you want to have dumped, please call the office and we will arrange to have them picked up and disposed of for you. Do not put these types of items in any of the dumpsters.

ATTENTION: Seniors with Diabetes and/or Arthritis, you may be eligible for FREE S SHOES and/or ARTHRITIS PRODUCTS through a Medicare Program "At No Cost to You". For more information, please call Dianne Millard at 1-951-990-0017. SORRY NO HMO INSURANCES.

Office hours for Holiday Homes MHP are as follows:

Monday through Friday 8:30-11:30

Billing Period (1st through 5th) 8:30-11:30

1:00-4:30

Closed Saturday, Sunday and Holiday except by appointment.

After 4:30 PM and on weekends and holidays the answering service will pick up the phones. Please give the answering service sufficient time to get in touch with a duty manager and for the duty manager to get to you before calling back. Also, unless it is a dire emergency, please do not knock on the manager's door or call them at home. Use the answering service.

The speed limit in the park is **15** miles per hour. Please stop at all stop signs and corners that don't have stop signs. You don't want to run into one of your neighbors or their pets with your car!



Attention Seniors (age 60+)

Did you know? You could have a nutritious meal for a donation of only \$3.00? All meals include a main dish, vegetable, drink and dessert.

Where?



At the Barstow Senior Citizen's Center located at 555 Melissa Ave. Our lunch service time is from 11:30AM until 12:30PM. Our phone number is 1-760-256-5023. This meal is provided through a grant from the Department of Aging and Adult Services of San Bernardino County. All donations are to help offset the cost of staff, utilities and the care of the equipment. Without your donation, the program would stop. You can bring a friend but if they are under 60 years of age: their donation will cost \$5.00. (This is still a great meal deal!) We also provide meals to homebound seniors! For more information, call 1-760-256-9111.

Thank you,
Jeff Eason

We are doing our best to keep the park safe but we need your help, if you see someone acting suspiciously or anything suspicious, PLEASE call the Barstow Police Dept. at 1-760-256-2211. You can request that the responding officer not show up at your door. If the officer needs to talk to you, they can call you on the phone. With all of us working together, we can help minimize these types of problems.

The cameras in the park are monitored daily. We do see vehicles that go through stop signs without stopping and vehicles speeding on the streets not only by the cameras but also by direct observation. Be aware of the speed limit - 15 mph. It might not be such a bad idea to stop at all corners (even the ones that don't have stop signs) so there won't be any type of accident.

From Park Rules and Regulations, revised 6/1/06

XIV. VEHICLES MAINTENANCE:

- A. Designated Areas: Washing, maintenance and repair of motor vehicles is permitted only in designated areas.
- B. Repairs: Automotive overhauls (i.e. pulling your engine, repairing the trans axle or vehicle repair lasting more than one day) in the Park are prohibited.

XVI. ZONING: The Holiday Homes Mobile Home Park is zoned MHS.

XVII. INCORPORATING RULES IN RENTAL AGREEMENT: The above rules and regulations and all separate rules and regulations, whether published or posted in Park facilities, are by this reference incorporated into the rental agreement.

XVIII. LIABILITY: The management is not responsible for any loss due to fire, accident, theft, vandalism, act of nature, failure of utilities or malfunctions of equipment.

XIX. COMPLIANCE WITH CIVIL LAW: No violation of any law or ordinance of City, County or State will be tolerated. No acts or misdemeanors shall be committed which would place Management of these premises in violation of any City, County or State law.

XX. CHANGES AND AMENDMENTS: Rules and Regulations may be amended or altered by Management and/or owners at mutual discretion, for improvement of the operations of the Park. Written notice will be provided to each resident if a change is required.



Recipes and Other Stuff



If you have a favorite recipe that you would like to share, please bring it to the office for copying and it will be printed in the newsletter.

Creamy Grape Salad

- 4 cups each seedless green and red grapes, halved
- 2 cups fresh pineapple chunks
- $\frac{1}{2}$ cup slivered almonds, toasted
- 4 oz. (1/2 of 8-oz. pkg.) cream cheese
- $\frac{1}{2}$ cup sour cream
- $\frac{1}{4}$ cup packed brown sugar

Combine fruit and nuts in large bowl.

Microwave cream cheese in microwavable bowl on HIGH 20 to 30 sec. or until softened; whisk until creamy. Add sour cream and sugar; mix well.

Add cream cheese mixture to fruit mixture; mix lightly.

Serves 24, $\frac{1}{2}$ cup each

I Remember

If you come over to my place and see dust an inch thick, dirty laundry and ironing piled high, blame it on my mother. She always told me: "If you can't do a job right, don't do it at all!"

My Mom used to cut chicken, chop eggs and spread mayo on the same cutting board with the same knife and no bleach but we didn't seem to get food poisoning.

My Mom used to defrost hamburger on the counter AND I used to eat it raw sometimes too but I can't remember getting E-coli.

We played king of the hill on piles of gravel left on vacant construction sites and when we got hurt, Mom pulled out the 498 cent bottle of Mercuriochrome and then we got our rear spanked. Now it's a trip to the emergency room, followed by a 10-day dose of a \$49 bottle of antibiotics and then Mom calls the attorney to sue the contractor for leaving a horribly vicious pile of gravel where it was such a threat.

Mom invited the door to door salesman inside for coffee, kids choked down the dust from the gravel driveway while playing with Tonka trucks (remember why Tonka trucks were made tough...it wasn't so that they could take the rough Berber in the family room) and Dad drove a car with leaded gas.

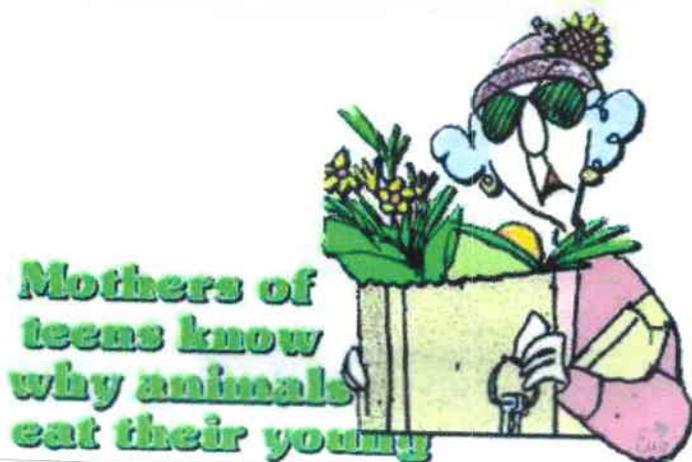
I recall Donny Reynolds from next door coming over and doing his tricks on the front porch just before he fell off. Little did his Mom know that she could have owned our

house. Instead she picked him up and swatted him for being such a goof. It was a neighborhood run amok.

HAPPY MOTHER'S DAY!

GENERAL OUTDOOR

- #128 Winterize outdoor spigots when temperatures dip below freezing to prevent pipes from leaking or bursting.
- #129 For more immediate hot water and energy savings, insulate hot water pipes.
- #130 Use a commercial car wash that recycles water. Or, wash your car on the lawn, and you'll water your grass at the same time.
- #131 Use a hose nozzle or turn off the water while you wash your car. You'll save up to 100 gallons every time.
- #132 Wash your pets outdoors, in an area of your lawn that needs water.
- #133 When cleaning out fish tanks, give the nutrient-rich water to your non-edible plants.
- #134 When you give your pet fresh water, don't throw the old water down the drain. Use it to water your trees or shrubs.
- #135 Use a broom instead of a hose to clean patios, sidewalks and driveways, and save water every time.
- #136 Evaporative coolers require a seasonal maintenance check. For more efficient cooling, check your evaporative cooler annually.
- #137 If you have an evaporative cooler, direct the water drain to plants in your landscape.
- #138 Set water softeners for a minimum number of refills to save both water and chemicals, plus energy, too.
- #139 If you have an evaporative cooler, install a recirculating pump to keep water from bleeding off with one pass.
- #140 Report broken pipes, leaky hydrants and errant sprinklers to property owners or your local water provider.
- #141 Know where your master water shut-off valve is located. Were a pipe to burst, this could save gallons of water and prevent damage.
- #142 Install a thermostat and timer on your evaporative cooler so it only operates when necessary.



May 2016

Sun Mon Tue Wed Thu Fri Sat

1		2 Exercise 3:30-4:30	3	4 Exercise 3:30-4:30	5 Tai Chi 8-9 TOPS 5:30-7:30	6 Exercise 3:30-4:30	7 CERT Training 8-5
8 Mother's Day	9 Emergency Team 1-2 Potluck 5:30-7:30	10	11 Neighborhood Watch 1-2	12 Tai Chi 8-9 Mini Health Fair 10-11 TOPS 5:30-7:30	13 Exercise 3:30-4:30	14 CERT Training 8-5	
15	16 Exercise 3:30-4:30	17	18 Exercise 3:30-4:30	19 Tai Chi 8-9 TOPS 5:30-7:30	20 Exercise 3:30-4:30	21 Clubhouse Floor Maintenance	
22	23 Exercise 3:30-4:30	24	25 Exercise 3:30-4:30	26 Tai Chi 8-9 TOPS 5:30-7:30	27 Exercise 3:30-4:30	28 CERT Training 8-5	
29	30 Memorial Day Office Closed	31					

Pool/Spa Rules

DO NOT THROW AWAY! KEEP FOR FUTURE REFERENCE!

No one is allowed in the pool who is not potty trained, regardless of age.

No one is allowed in the pool while wearing a diaper. Diapers designed for swimming or sold as a "swimmer" are not designed for use in Public Swimming Pools.

All guests MUST be accompanied by the resident. The pool/spa is for residents and their registered guests ONLY.

Guests of residents should not be bringing their own guests.

Residents are responsible for the actions of their guests.

In order to try to provide for better behavior of some guests, it has become prudent for us to limit the number of guests to four per resident.

Private parties are not allowed to use the pool/spa.

All guests shall treat all residents with the utmost respect & courtesy.

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Everyone must sign in. Sign in sheet is on cabinet under the clock.

Proper swimming attire only to be worn in the pool/spa.

No diving into pool/spa.

No glass bottles in pool/spa area.

No eating or drinking in the pool/spa.

Pets are not permitted in the pool/spa area.

Be considerate of other swimmers at all times. No rough play! Remember this is a senior park.

These rules are to take effect immediately and are in addition to the other posted rules that are found in the pool/spa area.

We are asking all residents to help us by politely reminding rule violators to follow the rules. If there is a problem, let a member of management know immediately by either calling the answering service or letting us know face to face. Management has the right to have violators of the rules leave the pool/spa area!!