

# May 2017



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# News & Notes

## New Residents

Linda Solomon is moving into sp. 280. She comes to us from town and is looking forward to meeting everyone.

Welcome to our new neighbor! Let's get to know her and invite her to all the activities around the park!



## Pet Patrol

I thought the weather going "hot to cold and back to hot again was not fun. Now with all this wind, I wish we were back to the hot and cold.

The **Barstow Humane Society** will be bringing to our Bark Park some sociable, adoptable dogs to run and play. They will be here **May 4<sup>th</sup>** and **May 18<sup>th</sup>** from **11AM-12PM**. The handlers that take care of these animals really enjoy seeing them out of their kennels running, playing and socializing. If you would like, please come down to the Bark Park so you can play with the dogs as well. You might even find one that you would like to adopt.

On **Friday and Saturday, May 5<sup>th</sup> and 6<sup>th</sup>** from **8AM-4PM**, the **Barstow Humane Society** will be having a garage sale at **1844 Sunrise**. Quoted from the paper "We have a big variety of things at the lowest prices. If you wish to donate nice items, please call Jeannie at (845) 633-3588 for drop-off information. **Please help the homeless pets in our city. They need you."**

## **A Place to Sleep**



Until next month -

Peanut



## For Safety's Sake



### In Your Home

Everybody knows that it's important to lock the doors when you go out. But did you know it's just as important to keep them locked when you're in?

All the locks in the world won't do any good if you let the crook in yourself. So follow these tips: Install a peephole in the door and check the identity of all callers, including repairmen, deliverymen or salespersons. Don't open the door unless you want them in your home.

Don't let strangers in to use your telephone. Offer to make the call for them.

When you move into a new home, re-key or change all the locks.

Make sure you don't hide keys outside. Crooks know all the best hiding spots.

Be careful about phone calls, too. Don't give your name or address to unidentified callers. Never say who's at home...or tell anybody that you are home alone. And make sure that children and babysitters know not to give strangers that information either.

One final thing. Don't list your name on your mailbox.

### In the Car

There is more to auto safety than being a good driver. Things like keeping your doors locked and windows rolled up - whether you are driving or parking your car. Or looking into the car before you get in to make sure you don't have an uninvited passenger. And parking in well-lighted areas.

If you get into trouble know what to do:

If you're being followed, don't go directly home. Instead, drive to the nearest police station, hospital or other safe, public place.

If your car breaks down, pull over. Put up the hood, turn on the flashers and tie a handkerchief on the antenna. Then get in the car, lock the doors, roll up the windows and turn the engine off. When someone stops, roll your window just enough to ask them to phone for help.

If you have a CB radio in your car, use it to call for help.

One other thing. Be careful about your keys. Leave only the ignition key with parking or service station attendants. That way you won't run the risk that your house keys will be duplicated.

### From the Manager

This month's pot luck is **Monday, May 8<sup>th</sup>** from **5:30-7:30 PM** in the clubhouse. We will be doing our luau potluck. John Riegel will be preparing the roast beef and providing the mashed potatoes and gravy. We will also be having our Tiki Bar serving alcoholic and virgin Mai Tai's and Pina Coladas. If you need special seating or transportation to the clubhouse, please call the office at 1-760-252-3511 before noon that day so we can arrange it for you. Don't forget to bring your side dish, your place settings and your neighbors. This will be the last pot luck until the 4<sup>th</sup> of July BBQ. Looking forward to seeing you there!





Exercise is every **Monday, Wednesday and Friday** from **3:30-4:30PM** in the clubhouse. Deborah Pullen is the instructor. These are low impact exercises to help you keep limber. The class is free.

This month's **Health Clinic** will be **Thursday, May 11<sup>th</sup>** from **10-11AM**. You can have your blood pressure taken and blood sugar tested. You never know what will be offered each month, so come down and check it out.

Rose Nieman has a **Tai Chi** class in the clubhouse every **Tuesday and Thursday** morning from **8-9AM**. Everyone is invited to take part. The classes are free.

**An important message from the office:** Please make sure you make out your rent check to **Riegel Properties** and not Holiday Homes using **blue or black ink only**. Thank you!

For any resident in the park who refers a new resident that buys a Riegel Property home and signs a 5-year lease, you will receive a one month rent credit valid any month you choose within a one-year period.

The **Barstow Police Department** wanted us to know that they can put your name, phone number, space number, medical condition and up to 3 contacts of friends or relatives into their computer aided dispatch system so that, in case of emergency, they have someone to call for our Resident's with Special Needs. The information would be the resident's responsibility to update if there is a change.

Anyone with **TV's, computers and/or monitors, microwaves, coolers, large furniture, etc.** that you want to have dumped, please **call the office** and we will arrange to have them picked up and disposed of for you. **Do not put these types of items in any of the dumpsters.**

**ATTENTION:** Seniors with Diabetes and/or Arthritis, you may be eligible for **FREE SHOES and/or ARTHRITIS PRODUCTS** through a Medicare Program "At No Cost to You". For more information, please call Dianne Millard at 1-951-990-0017. **SORRY NO HMO INSURANCES.**

Office Hours for Holiday Homes MHP Are as Follows:

Monday through Friday 8:30-11:30  
Billing Period (1<sup>st</sup> through 5<sup>th</sup>) 8:30-11:30  
1:00-4:30

Closed Saturday, Sunday and Holidays except by appointment.

After 4:30PM and on weekends and holidays the answering service will pick up the phones. Please give the answering service sufficient time to get in touch with a duty manager and for the duty manager to get to you before calling back. Also, unless it is a dire emergency, please do not knock on the Manager's door or call them at home. Use the answering service.

The speed limit in the park is **15** miles per hour. Please stop at all stop signs and corners that don't have stop signs. You don't want to run into one of your neighbors or their pets with your car!



**Attention Seniors (age 60+)**

Did you know? You could have a nutritious meal for a donation of only \$3.00? All meals include a main dish, vegetable, drink and dessert.

Where?

At the Barstow Senior Citizen's Center located at 555 Melissa Ave. Our lunch service time is from 11:30AM until 12:30PM. Our phone number is 1-760-256-5023.

This meal is provided through a grant from the Department of Aging and Adult Services of San Bernardino County. All donations are to help offset the cost of staff, utilities and the care of the equipment. Without your donation, the program would stop. You can bring a friend but if they are under 60 years of age, their donation will cost \$5.00. (This is still a great meal deal!) We also provide meals to homebound seniors!

For more information, call 1-760-256-9111.

Thank you,  
Jeff Eason

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We are doing our best to keep the park safe but we need your help. If you see someone acting suspiciously or anything suspicious, PLEASE call the Barstow Police Dept. at 1-760-256-2211. You can request that the responding officer not show up at your door. If the officer needs to talk to you, they can call you on the phone. With all of us working together, we can help minimize these types of problems.

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**From Park Rules and Regulations, revised 6/1/06**

**XV. Vehicle Maintenance:**

- A. Designated Areas: Washing, maintenance and repair of motor vehicles is permitted only in designated areas.
- B. Repairs: Automotive overhauls (i.e. pulling your engine, repairing the trans axle or vehicle repair lasting more than one day) in the Park are prohibited.

**XVI. ZONING:** The Holiday Homes Mobile Home Park property is zoned MHS.

**XVII. INCORPORATING RULES IN RENTAL AGREEMENT:** The above rules and regulations and all separate rules and regulations, whether published or posted in Park facilities, re by this reference incorporated into the rental agreement.

**XVIII. LIABILITY:** The management is not responsible for any loss due to fire, accident, theft, vandalism, act of nature, failure of utilities or malfunctions of equipment.

**XIX. COMPLIANCE WITH CIVIL LAW:** No violation of any law or ordinance of City, County or State will be tolerated. No acts or misdemeanors shall be committed which would place Management of these premises in violation of any City, County or State law.

**XX. CHANGES AND AMENDMENT:** Rules and Regulations may be mended or altered by Management and/or owners at mutual discretions for improvement of the operations of the Park. Written notice will be provided to each resident if a change is required.

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The office will be closed Monday, May 29<sup>th</sup> for the Memorial Day holiday. The answering service will be answering the phones and getting in touch with us if we are needed. Have a safe and happy holiday!

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The pool will be open Friday, May 26<sup>th</sup>. Pool hours are 9AM-11PM. Please read and keep the pool rules included in this newsletter.

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## Recipes and Other Stuff

If you have a favorite recipe that you would like to share, please bring it to the office for copying and it will be printed in the newsletter.

### Pineapple-Berry Empanadas

Heat oven to 425°F. Unroll both crusts from 1 pkg. (14.1 oz.) ready-to-use refrigerated pie crusts on work surface; cut each crust into 11 rounds with 3  $\frac{1}{2}$ -inch biscuit cutter, rerolling scraps as necessary. Mix undrained 8-oz. can crushed pineapple in juice,  $\frac{1}{2}$  cup chopped strawberries and 1 pkg. (3.4 oz.) Vanilla Flavor Instant Pudding; spoon onto centers of pastry rounds adding about 1  $\frac{1}{2}$  Tbsp. to each. Lightly brush edges with water; fold in half to enclose. Seal edges with fork. Place on parchment-covered baking sheet, brush with 1 beaten egg. Cut slits in tops; sprinkle with 2 Tbsp. coarse sugar. Bake 12 to 13 min. or until golden brown. Makes 22 servings.

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### TV and Movies

By: Cleo Bopp, sp. 174

When I was a youngster growing up,  
By today's standards you might think we had it rough.  
'Cause there was no TV,  
There was no VCR or DVD.  
There was no eating or lounging on the couch.  
So we were always out and about.  
We had a radio but the battery was saved for Saturday night,  
So we could listen to the Grand Ol' Opry or a Joe Louis fight.  
We went to the theater if there was a movie we wanted to see  
And that was okay with my brothers, sisters and me.  
We'd work all week for a quarter as pay,  
So we could go the movie on Saturday.  
For a quarter we could see the movie, have popcorn and a coke.  
We'd still have a few cents left over and that's no joke.  
We'd see Hopalong Cassidy, Gene Autry, Roy Rogers or Billy the Kid.  
Oh! It was exciting what those cowboys did.  
Between movies they'd show Porky Pig or Bugs Bunny.  
Back then they were really funny.  
Yeah, things were different way back then,  
But it's kind of fun to recall those days again.

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# May 2017

Sun      Mon      Tue      Wed      Thu      Fri      Sat

	1 Exercise 3:30-4:30	2 Tai Chi 8-9	3 Exercise 3:30-4:30	4 Tai Chi 8-9 Humane Society 11-12 TOPS 5:30-7:30	5 Exercise 3:30-4:30	6
7	8 Emergency Team 1-2 Potluck 5:30-7:30	9 Tai Chi 8-9 Neighborhood Watch 1-2	10 Exercise 3:30-4:30	11 Tai Chi 8-9 Health Clinic 10-11 TOPS 5:30-7:30	12 Exercise 3:30-4:30	13
14 Mother's Day	15 Exercise 3:30-4:30	16 Tai Chi 8-9	17 Exercise 3:30-4:30	18 Tai Chi 8-9 Humane Society 11-12 TOPS 5:30-7:30	19 Private Party #160 12-8	20 Clubhouse Floor Maintenance Private Party #74 12=3:30
21	22 Exercise 3:30-4:30	23 Tai Chi 8-9	24 Exercise 3:30-4:30	25 Tai Chi 8-9 TOPS 5:30-7:30	26 Pool Opens Exercise 3:30-4:30	27
28	29 Memorial Day Office Closed Exercise 3:30-4:30	30 Tai Chi 8-9	31 Exercise 3:30-4:30			

# Pool/Spa Rules

DO NOT THROW AWAY! KEEP FOR FUTURE REFERENCE!

No one is allowed in the pool who is not potty trained, regardless of age.  
No one is allowed in the pool while wearing a diaper. Diapers designed for swimming or sold as a "swimmer" are not designed for use in Public Swimming Pools.

All guests MUST be accompanied by the resident. The pool/spa is for residents and their registered guests ONLY.

Guests of residents should not be bringing their own guests.

Residents are responsible for the actions of their guests.

In order to try to provide for better behavior of some guests, it has become prudent for us to limit the number of guests to four per resident.

Private parties are not allowed to use the pool/spa.

All guests shall treat all residents with the utmost respect & courtesy.

All residents shall treat all guests with the utmost respect & courtesy.

Everyone must sign in. Sign in sheet is on cabinet under the clock.

Proper swimming attire only to be worn in the pool/spa.

No diving into pool/spa.

No glass bottles in pool/spa area.

No eating or drinking in the pool/spa.

Pets are not permitted in the pool/spa area.

Be considerate of other swimmers at all times. No rough play! Remember this is a senior park.

These rules are to take effect immediately and are in addition to the other posted rules that are found in the pool/spa area.

We are asking all residents to help us by politely reminding rule violators to follow the rules. If there is a problem, let a member of management know immediately by either calling the answering service or letting us know face to face. Management has the right to have violators of the rules leave the pool/spa area!!





2:



" It says here that you'd prefer someone with regular bowel movements..Does it matter if they're involuntary ? "



A recent study has found that women who carry a little extra weight live longer than the men who mention it.

