

December 2017



Holiday Homes MHP

701 Montara Rd.

Barstow, CA 92311

1-760-252-3511

holidayhomesmhp@gmail.com

www.holidayhomesmhp.com

News & Notes



New Residents

Twila Hudson moved into sp. 31. She moved here from Las Vegas to be closer to family.

James Randall and Robert Randall moved into sp. 107. They have moved here from Baker to be closer to family.

Daryl Jean Searle and Gary Caruthers have moved into sp. 208. They moved here from Fontana and Victorville.

Welcome to our new neighbors! Let's get to know them and invite them to all the activities around the park!

Sad, Sad News

Ruth Morrissette formerly from sp. 8, passed away October 23rd. She had lived here for a few years with her husband William. Our sincerest condolences to William, the rest of her family and all who knew her.

Marquis Garduno sp. 136, passed away November 11th. He moved into this home April 2015. Our sympathies to his sister, **Mia** and the rest of his family and friends.

Fred Bopp, sp. 174 passed away November 14th. He and his wife, **Cleo** moved here in 1988. Our heartfelt condolences go to **Cleo**, his family and all who knew him.

Pet Patrol

Happy Holidays to everyone! With the holidays in mind, remind your human caregivers to keep all holiday plants, decorations and most of all food away from you because most of that could either make you very sick or even worse. We want this to be a very healthy, happy, quiet and safe holiday season!

If you have a cute animal cartoon, joke or pictures that you would like to share, please bring it to the office and give it to my human caregiver. We are running out of these things (even the ones that don't involve animals).

The **Humane Society** will be bringing their more social and adoptable canine friends to romp in our Bark Park the 2nd and 3rd Thursday of the month from 10:30-11:30 AM. This month it will be the 14th and the 21st of December. If you would like to play with them or maybe find one to adopt, come on down. One of these delightful dogs was adopted last month.



A little cute one that I just found -



New Breeds of Dogs

The following breeds are now being considered for recognition by the AKC:

Collie + Lhasa Apso - Collapso, a dog that folds up easily for transport.

Pointer + Setter - Poinsetter, a traditional Christmas Pet.

Great Pyrenees + Dachshund - Pyradachs, a puzzling breed.

Pekingese + Lhasa Apso - Peekasso, an abstract dog.

Irish Water Spaniel + English Springer Spaniel - Irish Springer, a dog fresh and clean as a whistle.

Labrador Retriever + Curly Coated Retriever - Lab Coat Retriever, the choice of research scientists.

Newfoundland + Basset Hound - Newfound Asset Hound, a dog for financial advisors.

Terrier + Bulldog - Terribull, a dog that makes awful mistakes.

Bloodhound + Labrador - Blabador, a dog that barks incessantly.

Until next month (year) -



Tabby

For Safety's Sake

During a Disaster Act Quickly

In a fire. Stay close to the floor and move quickly to the nearest exit. Smoke makes it hard to see and most fire deaths are caused by smoke inhalation. Leave behind personal items. Seconds can make the difference between life and death.

In an earthquake. Get under sturdy furniture or next to an inside wall. Expect aftershocks and get outside and away from buildings as soon as you can. Trained rescuers may not arrive for hours, so try to rescue others if you can.

In a tsunami. If the water suddenly rushes away from the shore, move quickly to higher ground. Expect more and larger waves.

In a tornado or a hurricane. Go to a storm shelter without delay.

In a flood. Stay out of flooded buildings. Avoid wading in or driving through water. Floodwater can contain sewage and conceal dangers, including debris, open manholes and downed power lines.

Did you know? Two feet (0.6 m) of moving water can carry a car away. Most deaths in a flood result when people try to drive through moving water.

If the authorities order evacuation, leave immediately! Let your friends know where you are or they may risk their lives looking for you.



Did you know? Text messaging may be more reliable than telephone voice service.



If the authorities direct residents to remain at home or shelter in place, stay inside. In case of an outdoor chemical, biological or nuclear accident or attack, stay indoors, turn off ventilation and seal all doors and windows. In a nuclear event, go to the lowest internal part of your building to reduce exposure to radiation. Listen to local TV or radio news. Stay indoors until authorities announce that the threat has passed.

Please, please, please update your emergency information with the office every year. Especially if you live alone. There may come a time where we may have to find your next of kin or a close friend for you and if we don't have updated information, it is very hard to find someone for you. There will be blank forms in the January newsletter that you can use. You can also come down to the clubhouse or give us a call and we will get a form to you.

You may also leave us a key to your home so that in case of a medical emergency where you cannot get to your locked door, we may be able to get to you easier and quicker than trying to break in.

Also, if you are going to be gone for more than a day or two whether on a trip or even to the hospital, please let either your neighbors and/or the office know when you leave and when you get home. Especially when you get home.

From the Manager

The November potluck was a hit. Thank you to Richard and Ryan Riegel for being here to celebrate with us. Thank you to Diane Hill for preparing the turkeys and thank you to Diane and Terry Stancil for preparing the roast beef. It was very yummy!

The Riegel Family/Holiday Homes MHP Christmas Party will be Saturday, December 9th from 4:30-7:30PM. Invitations will be in your mailboxes that week. Everybody always has a great time and we look forward to seeing all of you there. If you need transportation to the clubhouse, please call the office before noon December 8th at 1-760-252-3511 and we will arrange that for you.

If you cannot come to the party and would like a goody box with some of the great things we will be having, please call the office again before noon on December 8th. The Riegel elves will be delivering them the afternoon of the party to your door.

Don't forget the Riegel Family/Holiday Homes MHP decorating contest. If you would like to be included in the judging, please leave your holiday lights on at least until 9PM on Friday, December 8th. Winners will be announced at the Christmas Party the next evening.

Message from John and Bob Riegel: We are going to be using a drone to film for advertising homes for sale. Your privacy and safety are most important to us. We may need to close a portion of a street when filming. All drone flights and filming will be conducted in accordance with applicable laws and regulations by the FAA. If you are driving or walking in the Park and see Bob or John operating a drone and/or filming, please stay at a safe distance until we let you know it's safe to continue on your way.



Thank you in advance for your cooperation and understanding.



The 'Not Done For Yet Choir' from the 1st Baptist Church will be performing for us Friday, December 1st from 11AM-1PM in the clubhouse. There are a lot of people that work to put this together for you and it would be very nice to have a nice crowd for the program. Some of your neighbors are in the choir and it would be great to show our support. Refreshments will be provided. Please come!

Exercise is every Monday, Tuesday and Wednesday from 3:30-4:30 PM in the clubhouse. Deborah Pullen is the instructor. These are low impact exercises to help you keep limber. The class is free.

There will not be a Health Clinic this month. We will be starting back up again next year.

An important message from the office: Please make sure you make out your rent check to Riegel Properties and not Holiday Homes using blue or black ink only. Thank you!

Rose Nieman has a Tai Chi class in the clubhouse every Tuesday and Thursday morning from 8-9 AM. Everyone is invited to take part. Classes are free.

For any resident in the park who refers a new resident that buys a Riegel Property home and signs a 5-year lease, you will receive a one month rent credit valid any month you choose within a one-year period.

Please watch out for your neighbors. If you don't see them over a day or so and you know they haven't left on a vacation, give the office a call so we can follow up.

Feeling down, lonely, feel that you don't belong! You belong with us! We are forming a mental health group for park residents only - free. Please call 1-760-220-6802 or 1-760-252-0182. We look forward to hearing from you.

Do not put paint or oil collections behind the shop. Burrtec does not pick up those items anymore. You can dispose of paint or used oil at the Hazardous Waste Corporation Yard at 900 So. Ave. H on Saturdays from 9AM-2PM.

The Barstow Police Department wanted us to know that they can put your name, phone number, space number, medical condition and up to 3 contacts of friends or relatives into their computer aided dispatch system so that, in case of emergency, they have someone to call for our Resident's with Special Needs. The information would be the resident's responsibility to update of change if you move. Call the office to get the form to fill out or drop off a note at the police department with a notation stating what your note is for.

Anyone with TV's, computers and/or monitors, microwaves, coolers, large furniture, etc. that you want to have dumped, please call the office and we will arrange to have them picked up and disposed of for you. **Do not put these types of items in any of the dumpsters.**

ATTENTION: Seniors with Diabetes and/or Arthritis, you may be eligible for FREE SHOES and/or ARTHRITIS PRODUCTS through a Medicare Program "At No Cost to You". For more information, please call Dianne Millard at 1-951-990-0017. SORRY NO HMO INSURANCES.



Office hours for Holiday Homes MHP are as follows:



Monday through Friday 8:30-11:30
Billing Period (1st through 5th) 8:30-11:30
1:00-4:30

Closed Saturday, Sunday and Holiday except by appointment.

After 4:30 PM and on weekends and holidays the answering service will pick up the phones. Please give the answering service sufficient time to get in touch with a duty manager and for the duty manager to get to you before calling back. Also, unless it is a dire emergency, please do not knock on the manager's door or call them at home. Use the answering service.

The speed limit in the park is **15** miles per hour. Those of you that are speeding on the East side of Date St. - **STOP IT!** Please stop at all stop signs and corners that don't have stop signs. You don't want to run into one of your neighbors or their pets with your car!

Please do not put outgoing mail in your mailbox overnight. If you do, you are taking the risk of someone walking through the Park and stealing your mail possibly looking for information to steal your ID or money that could be in the envelope, etc.

Attention Seniors (age 60+)

Did you know? You could have a nutritious meal for a donation of only \$3.00? All meals include a main dish, vegetable, drink and dessert.

Where?

At the Barstow Senior Citizen's Center located at 555 Melissa Ave. Our lunch service time is from 11:30AM until 12:30PM. Our phone number is 1-760-256-5023.

This meal is provided through a grant from the Department of Aging and Adult Services of San Bernardino County. All donations are to help offset the cost of staff, utilities and the care of the equipment. Without your donation, the program would stop. You can bring a friend but if they are under 60 years of age: their donation will cost \$5.00. (This is still a great meal deal!)

We also provide meals to homebound seniors!

For more information, call 1-760-256-9111.

Thank you,
Jeff Eason

We are doing our best to keep the park safe but we need your help, if you see someone acting suspiciously or anything suspicious, PLEASE call the Barstow Police Dept. at 1-760-256-2211. You can request that the responding officer not show up at your door. If the officer needs to talk to you, they can call you on the phone. With all of us working together, we can help minimize these types of problems.



The cameras in the park are monitored daily. We do see vehicles that go through stop signs without stopping and vehicles speeding on the streets not only by the



cameras but also by direct observation. Be aware of the speed limit - 15 mph. It might not be such a bad idea to stop at all corners (even the ones that don't have stop signs) so there won't be any type of accident.

From Park Rules and Regulations, revised 6/1/06

X. MOBILEHOMES, STRUCTURES AND ACCESSORIES: Installation of mobile homes, structures and accessories shall be subject to the approval of management and in compliance with California Civil Code and California Administrative Code, Title 25.

E. Preexisting Conditions: Residents are cautioned that there are mobile homes and home sites in the Park which contain accessory equipment and structures which no longer conform with present Park standards and regulations. Nonetheless, Residents may not assume their plans will be approved because they conform to accessory equipment and structures existing on other mobile homes or home sites. If a Resident voluntarily makes an addition to their mobilehome, accessory equipment, landscaping, fencing, structures, etc. the Resident will be required to comply with present standards.

F. Mobile Homes: To ensure architectural compatibility, construction and installation standards, all incoming mobile homes must be in good condition, be less than five (5) years old, be approved by Park Management and must have detachable hitches. Exceptions for the age requirement when submitted in writing may be granted at management's discretion on a case-by-case basis.

G. Mobilehome Sizes: All mobile homes in the Park shall conform in size to the requirements of the lot on which they are placed as established by Park Management. The area covered by mobile home, accessories and structures shall not exceed 75% of lot area. Placement of mobile homes shall be determined by Park Management.

H. Colors and Materials: To insure architectural uniformity and aesthetics, the colors and materials of mobile homes, accessory equipment and structures are subject to approval by Park Management. In general, only earth tone colors, light blue, light green, beige or white will be approved.

I. Air Conditioners: Written permission must be obtained from Management prior to installation of any air conditioning unit. Any air conditioner or swamp cooler installed in a mobile home must be in good operating condition and must not make excessive noise that will be disturbing to any other Resident. Condensation accumulation from any air conditioner or swamp cooler must be piped away from mobile home. No air conditioners shall be mounted in front of the mobile home.

J. Porches, Decks, Patios, Steps and Ramps: Porches, decks and patios are required and must meet city and state building codes. Porches must be of an approved material matching the exterior material of mobile home.

All steps and ramps must be constructed with high quality and faced with the same material and color as the mobile home exterior. Steps and ramps must have approved handrails and if located at an "outswing" door must have a platform which is at least as deep as the width of the door opening, as required by law. Ramp slope shall not exceed one (1) foot of rise to twelve (12) feet of horizontal run. Handrails and edge curbing for ramps shall be placed on each side of the ramp, continue the full length of the ramp and shall extend one



foot beyond the top and bottom of the ramp in accordance with Title 25. Refer to Title 5 for other requirements.

Unless made of masonry, deck surfaces must be covered with approved material. The temporary steps provided by the mobile home dealer must be removed from the home site no later than sixty (60) days from the time the mobile home is moved into the Park.

Recipes and Other Stuff

If you have a favorite recipe that you would like to share, please bring it to the office for copying and it will be printed in the newsletter.

Make-Ahead Chicken & Green Bean Casserole

1 pkg. (6 oz.) Stuffing Mix for Chicken	1 Tbsp. butter
6 small boneless skinless chicken breast Halves (1 $\frac{1}{2}$ lbs.)	$\frac{1}{2}$ tsp. black pepper
1 pkg. (8 oz.) sliced fresh mushrooms	$\frac{1}{2}$ lb. fresh green beans, trimmed, cut into 1-inch lengths
1 large onion, chopped	$\frac{1}{4}$ cup flour
1 $\frac{3}{4}$ cups fat-free reduced-sodium Chicken broth	4 oz. (1/2 of 8-oz. pkg.) cream cheese, cubed

Prepare stuffing as directed on package.

Meanwhile, melt butter in large nonstick skillet on medium heat. Add chicken; sprinkle with pepper. Cook 5 min. on each side or until chicken is done (165°F); transfer to 13.9-inch baking dish sprayed with cooking spray.

Cook and stir beans, mushrooms and onions in same skillet 6 to 8 min. or until crisp-tender. Sprinkle with flour; cook and stir 1 min. Stir in broth; simmer 3 min. or until thickened, stirring frequently. Add cream cheese; cook and stir 2 to 3 min. or until melted. Spoon over chicken; top with stuffing. Cover. Refrigerate up to 24 hours.

Heat oven to 400°F. Bake casserole, uncovered, 30 min. or until heated through.

Makes 6 servings

Happy Holidays

The High Desert Mental Health Support Group

Come Join Us Every Thursday...

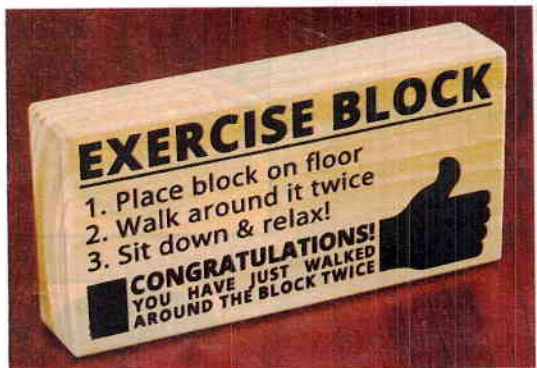
Follow the journey of recovery until
You see the LIGHT begin to shine,
Instead of the ongoing darkness.

Contact Person: Dave Millar — (760) 220-6801
(760) 252-0182

Cost: **FREE!!!**

Where: Holiday Homes MHP
701 Montara Rd. , Barstow
Clubhouse

Remember the journey is all about rediscovery...



A traveler to Barstow remarked
on
How healthy the locals look.
Yes its
The desert, said an attractive
resident.
When I first arrived I was bald
and toothless I couldn't even
Walk or feed myself. Look at
me now!
That's amazing, said the
traveler. So
Where are you from? I Was
born here said the Lady.

December 2017

Sun Mon Tue Wed Thu Fri Sat

							1 Christmas Program 11-1 Private Party #136 5-9	2 Private Party #241 12-8
3	4 Exercise 3:30-4:30	5 Tai Chi 8-9 Exercise 3:30-4:30 Card Club 6-9	6 Exercise 3:30-4:30	7 Tai Chi 8-9 TOPS 5:30-7:30	8 Card Club 6-9	9 Riegel Family/Holiday Homes Christmas Party 4:30-7:30	15 Card Club 6-9	16 Clubhouse Floor Maintenance
10	11 Exercise 3:30-4:30	12 Hanukkah Tai Chi 8-9 Exercise 3:30-4:30 Card Club 6-9	13 Hanukkah Exercise 3:30-4:30	14 Tai Chi 8-9 Humane Society 10:30-11:30 TOPS 5:30-7:30	21 Tai Chi 8-9 Humane Society 10:30-11:30 TOPS 5:30-7:30	22 Card Club 6-9	23	
17 Private Party #125 9-9	18 Exercise 3:30-4:30	19 Tai Chi 8-9 Exercise 3:30-4:30 Card Club 6-9	20 Exercise 3:30-4:30	27 Exercise 3:30-4:30	28 Winter Begins Tai Chi 8-9 TOPS 5:30-7:30	29 Employee Lunch 11-1 Card Club 6-9	30	
24 Christmas Eve	25 Christmas Day Office Closed	26 Kwanzaa Begins Tai Chi 8-9 Exercise 3:30-4:30 Card Club 6-9						
31 New Years Eve								



**Aging and Adult Services
Older Adults Community Services**

**Department of Aging and Adult Services
Prevention and Early Intervention Mobile Outreach Unit**

will be conducting **Free** Health Screenings
Blood Pressure & Glucose Testing

Holiday Homes Mobile Home Park

701 Montara Road
Barstow, CA 92311

From 1:00 pm to 3:00 pm

Friday, December 15th , 2017

A Senior Information and Assistance representative will be available to provide information and answer questions about the programs and services available through the Department of Aging and Adult Services Services and the Older American's Act



Older Adults Community Services Outreach Events are sponsored in collaboration with County of San Bernardino, Department of Behavioral Health, Office of Prevention and Early Intervention Services and Department of Aging and Adult Services, Senior information and Assistance Program with funding provided by California Mental Health Services Act

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